



**LAS ORQUÍDEAS**  
RESTAURANT



# Entradas

## Appetizers

### CAUSA DE LANGOSTINOS Y PALTA

Papa amarilla prensada, rellena de langostinos salteados en mantequilla y vino, palta y una suave mayonesa de rocoto (ají serrano).

*Mashed yellow potatoes with shrimp, avocado and mayonnaise.*

S/. 30.00

### PAPA A LA HUANCAINA

Papa cubierta con una salsa hecha de ajíes amarillos, cebollas y ajo.

Steamed Potatoes covered with a sauce made of yellow chile pepper, onion and garlic.

S/. 15.00

### CEBICHE DORADO O CORVINA

Pescado en cocción de jugo de limón, crema de ají amarillo, apio, rocoto, ají limo, cebolla, sal y pimienta.

*Fish salad marinated in lemon juice, onions, celery, salt and pepper.*

S/. 25.00

### CEBICHE AMAZÓNICO

Cebiche de paiche, ají charapita, jugo de limón, cebolla, sachá culantro, ajos, sal y pimienta.

*Fish salad marinated in lemon juice, onions, cilantro, salt and pepper.*

S/. 30.00

### CEBICHE MIXTO

Fish and Seafood marinated in lemon juice, onions, celery, salt and pepper.

S/. 35.00

### ENSALADA DE CHONTA

*Palmito Salad*

S/. 15.00

### ENSALADA MIXTA

*Mixed Salad*

S/. 18.00

### TIRADITO EN SALSA DE COCONA

Pescado dorado en tiras, jugo de limón y una suave salsa de cocona.

*Dorado fish in strips with lemon juice and cocona sauce.*

S/. 28.00

### SALPICÓN DE POLLO

Legumbres salteadas, con mayonesa y pollo finamente cortado.

*Slices of chicken with vegies and mayonnaise.*

S/. 20.00

## PALTA A LA REYNA

Palta con legumbres, pollo finamente cortado y salsa golf.  
*Avocado with chicken and golf sauce.*

S/. 20.00

## COCKTAIL DE CAMARONES

*Shrimp Cocktail*

S/. 28.00

## PALTA RELLENA A LA YORK

*Avocado York Style*

S/ 20.00

## Sopas y Cremas *Creams & Soup*

### DIETA DE POLLO

*Chicken Soup*

S/. 20.00

### SOPA A LA MINUTA

*Clear Soup Broth*

S/. 20.00

### SUSTANCIA DE CARNE

*Soup Broth*

S/. 20.00

### CREMA DE ESPINACA, ESPÁRRAGOS, BRÓCOLI, O TOMATO O CEBOLLA

*Spinach, Asparagus, Broccoli or Tomatoe Cream*

S/. 15.00

### SOPA A LA CRIOLLA

*Peruvian Creole Soup with stewed beef and milk*

S/. 25.00

### CHUPE DE CAMARONES

*Shrimp or fish chowder with milk.*

S/. 28.00

### CHUPE DE CORVINA

*Shrimp or fish chowder with milk.*

S/. 28.00

# Platos de Fondo

## Main Courses

### Pescado

#### PAICHE O DORADO A LA LORETANA

Filete de paiche o dorado acompañado con ensalada de Chonta platano frito y yuca frita.

*Paiche or Dorado filet with Chonta salad, fried bananas and fried yucas.*

S/. 33.00

#### PAICHE O DORADO A LA MENIERE

Filete de paiche o dorado cubierto con una salsa hecha de mantequilla perejil y limón.

*Paiche or Dorado filet covered with a sauce made of butter, lemon juice and parsley.*

S/. 30.00

#### PAICHE A LA ESLAVA

Paiche enrollado con espárragos y zahanorias

*Filet fish rolled with sparragus and carrots.*

S/. 33.00

#### PAICHE O CORVINA A LO MACHO

Paiche o corvina a la plancha con salsa de mariscos

*Fish filet with Shrimp sauce.*

S/. 35.00

#### DORADO GRATINADO

*Dorado fish cooked au gratin*

S/. 33.00

#### DORADO A LA CHORRILLANA

Filete de dorado en salsa de cebollas, tomate, ají amarillo, ajos, vino y arroz..

*Dorado Filet in onion sauce, tomatoes, yellow chili, garlic, wine and rice.*

S/. 30.00

#### PESCADO A LA VIZCAINA

Filete de dorado a la plancha con aceite de oliva, acompañado con salsa de cebolla, ajos, tomate, tomillo, pimienta, brócoli y arroz.

*Dorado Filet with olive oil garnished with an onion sauce, garlic, broccoli and rice.*

S/. 30.00

#### SUDADO DE DORADO CON ARROZ

*Steamed filet fish with tomatoe sauce with rice.*

S/. 30.00

**CORVINA A LA MARINADA CON PAPAS DORADAS** S/. 30.00

Corvina a la plancha con salsa de langostinos, champiñones y espárragos.

*Grilled Corvina covered with a prawn sauce*

**PAICHE AL GRAN DUQUE CON ARROZ CON CHOCLO** S/. 30.00

Filete de paiche con alcaparras ligeramentesalteadas en mantequilla acompañado con arroz y aros de cebolla.

*Grilled paiche with sauted capers in butter with rice and onion rings.*

**DORADO A LA MILANESA CON ARROZ** S/. 30.00

Dorado empanizado con arroz.

*Breaded Dorado filet with rice.*

**PAICHE A LA TERMIDOR** S/. 33.00

Filete de paiche a la plancha, acompañado con salsa de cebolla, vino, mantequilla, crema de leche, queso parmesano, hoja de laurel, mostaza, coñac.

*Paiche Filet accompanied with a sauce made of onion, wine, butter, cream, parmesan cheese, mustard and cognac.*

**DORADO EN CREMA DE PIMIENTO** S/. 33.00

Filete de dorado al grill, acompañado de una exquisita crema de pimiento con arroz.

*Dorado filet accompanied with pimento sauce.*

## Aves / Poultry

**POLLO A LA MILANESA** S/. 25.00

Filete de pollo empanizado acompañado de papas fritas.

*Breaded fried chicken accompanied with fries.*

**PECHUGA RELLENA CON MOZARELLA** S/. 30.00

Pechuga horneada con mozzarella, arroz.

*Breast chicken cooked in oven with mozzarella accompanied with rice and potatoes puree.*

**GORDON BLUE DE POLLO CON CHAMPIÑONES** S/. 30.00

Pechuga de pollo rellena con jamón y queso, acompañado de una exquisita salsa de champiñones y arroz.

*Chicken Gordon Blue with mushrooms.*

## POLLO A LA FLORENTINA

Filete de pollo a la plancha con legumbres salteadas y arroz.

*Grilled Chicken with sauteed vegies and rice.*

S/. 28.00

## AJÍ DE GALLINA

Pollo sancochado y deshilachado, acompañado de un suave aderezo de ají amarillo.

*Thin strips of chicken served with a creamy yellow and spicy sauce made basically with ají amarillo (yellow chilis), cheese, milk and bread.*

S/. 25.00

## SALTADO DE POLLO

Trozos de pollo, flambeado con cebolla, tomate y ají.

*Sliced chicken sauteed with onion, tomato, soy sauce, vinegar, chili (aji) and served or mixed with French fried potatoe, and accompanied with rice.*

S/. 27.00

## POLLO AL VAPOR CON PURE DE PAPAS

Steamed Chicken served with mashed potatoes.

S/. 25.00

## POLLO AL KION

Chicken seasoned with ginger sauce served with vegies

S/. 25.00

## POLLO EN SALSA CURRY

Chicken with Curry sauce

S/. 25.00

## Carnes / Meat

### TOURNEDAU A LA VICTORIA REGIA

Medallones de Lomo a la plancha con salsa con salsa de champiñones y espárragos acompañados con papas a la francesa.

*Grilled tenderloin with bacon covered with a mushroom sauce and asparagus served with fries rice and fried egg.*

S/. 45.00

### LOMO EN SALSA DE VINO CON CHAMPIÑONES

Lomo fino al grill, bañado en una exquisita salsa de vino y champiñones.

*Tenderloin dressed with an exquisite wine and mushrooms sauce.*

S/. 35.00

## LOMO SALTADO

Trozos de lomo fino, flambeado con tomate, cebolla, perejil acompañado de arroz y papas fritas.

*Sliced tenderloin sauteed with onion, tomato, soy sauce, vinegar, chili (aji) and served or mixed with French fried potatoes and accompanied with rice.*

S/. 33.00

## LOMO A LA PIMIENTA

Lomo a la Plancha bañado con una salsa de pimienta y servido con papas fritas o arroz. Grilled tenderloin covered with a pepper sauce served with fries or rice.

S/. 33.00

## BISTEC A LA NAPOLITANA CON PURÉ DE PAPAS

Bistec a la plancha con salsa de tomate y queso, aceite de oliva y orégano.

*Steak with napolitana sauce and potatoes puree.*

S/. 27.00

## TACU TACU CON BISTECK APANADO

Mezcla de arroz y frijoles montado con una bistec apanado.

*Breaded steak with a mix of beans and rice.*

S/. 28.00

## LOMO CON LEGUMBRES

Lomo al grill con variedad de legumbres sancochadas.

*Grilled Tenderloin with vegies.*

S/. 32.00

## ANTICUCHOS

Carne de corazón cocidas al grill, acompañada de papa y choclo.

*Brochettes made from a beef heart marinated in a various Peruvian spices and grilled.*

S/. 27.00

## Pastas *Pasta*

### SPAGHETTI A LOS 3 QUESOS

Spaghetti bañado en salsa blanca con queso edam, mozzarella, y parmesano.

*With a mixture of 3 cheeses.*

S/. 30.00

### SPAGHETTI EN SALSA VERDE

*With basil cream.*

S/. 20.00

### SPAGHETTI CON ALBONDIGAS

*With meatballs.*

S/. 28.00

### FETUCCINI A LA CARBONARA

Salsa Bechamel, queso parmesano, tocino y hojas de albahaca.

*Bechamel sauce, parmesan cheese, bacon and basil leaves.*

S/. 30.00

### SPAGHETTI AL AJO CON LOMO FINO

Ajos salteados acompañado de spaghetti y lomo.

*Spaghetti sauteed in garlic accompanied with grilled Tenderloin.*

S/. 33.00

### FETUCCINI AL ALFREDO

Salsa blanca, jamón y queso parmesano.

*White sauce, ham and parmesan cheese.*

S/. 20.00

### RAVIOLES EN SALSA BOLOGNESA

Ravioles acompañados en una exquisita salsa Bolognesa.

*Ravioli with Bolognesa sauce.*

S/. 28.00

## Platos Regionales *Typical Dishes*

### CECINA CON TACACHO

*Smoked pork meat with mashed green bananas.*

S/. 30.00

### CHAUFA CON CECINA

*Chinese fried rice with cecina.*

S/. 30.00

### PIQUEO REGIONAL

(Chicharrón de cecina, pollo, pescado dorado, yuquita frita y patacones).

*(Smoked pork, fish and chicken chicharron with fried yucca and crushed green banana).*

S/. 55.00

### JUANES

Arroz verde cocido en una envoltura de hojas (Pedido con anticipación).

*Green rice cooked in a wrapper of leafs (Must be requested in advance).*

S/. 20.00

## GUARNICIONES ADICIONALES

|                 |     |       |
|-----------------|-----|-------|
| - Yuca frita    | S/. | 4.00  |
| - Puré de papas | S/. | 4.00  |
| - Arroz         | S/. | 4.00  |
| - Patacones     | S/. | 4.00  |
| - Maduros       | S/. | 4.00  |
| - Tacacho       | S/. | 10.00 |

## Piqueos Snacks

|                                |     |       |
|--------------------------------|-----|-------|
| PIQUEO JAMÓN, QUESO, ACEITUNAS | S/. | 22.00 |
| <i>Ham, cheese and olive.</i>  |     |       |

|                                    |     |       |
|------------------------------------|-----|-------|
| TEQUEÑOS CON GUACAMOLE             | S/. | 17.00 |
| <i>Tequeños with avocado sauce</i> |     |       |

|   |     |       |
|---|-----|-------|
| YUQUITAS RELLENAS CON QUESO Y<br>SALSA HUANCAÍNA    | S/. | 18.00 |
| <i>Yucca filled with chesse and huancaína sauce</i> |     |       |

## Sandwichs

|                               |     |       |
|-------------------------------|-----|-------|
| CHESSEBURGER CON PAPAS FRITAS | S/. | 20.00 |
|-------------------------------|-----|-------|

|  |     |       |
|--|-----|-------|
| HAMBURGUESA AMERICANA                              | S/. | 22.00 |
| <i>Hamburger with ham, cheese, eggs and onion.</i> |     |       |

|                                 |     |       |
|---------------------------------|-----|-------|
| SANDWICH MIXTO                  | S/. | 12.00 |
| <i>Ham and Cheese Sandwich.</i> |     |       |

|                          |     |       |
|--------------------------|-----|-------|
| SANDWICH DE POLLO        | S/. | 15.00 |
| <i>Chicken Sandwich.</i> |     |       |

|                            |     |       |
|----------------------------|-----|-------|
| SANDWICH DE ASADO          | S/. | 16.00 |
| <i>Roastbeef Sandwich.</i> |     |       |

## CLUB SANDWICH

Sandwich de hamburguesa, pollo, jamón, queso, huevo, tocino y hotdog.  
*Sanwich made of hamburger, chicken, ham, cheese, eggs, bacon and hotdog.*

S/. 25.00

## TRIPLE CLASICO

*Sandwich with a mix of avocado, tomatoes and eggs.*

S/. 17.00

## TRIPLE VEGETARIANO

Clara de huevo, palmitos, zanahoria y arverjitas  
*Vegetarian sandwich.*

S/. 17.00

## Postres *Desserts*

### ENSALADA DE FRUTAS FRESCAS EN ALMIBAR

*Fruit salad with syrup*

S/. 15.00

### PANQUEQUE CON DURAZNO

*Pancakes with peach*

S/. 15.00

### PANQUEQUE CON HELADOS

*Pancakes with ice cream*

S/. 15.00

### PANQUEQUE CON MANJAR BLANCO

*Pancakes with blancmange*

S/. 12.00

### FRUTAS NATURALES

*Fresh fruits*

S/. 10.00

### BANANA CON MIEL

*Banana with syrup*

S/. 8.00

### HELADOS EN COPA CON FUDGE

*Ice Cream with chocolate fudge*

S/. 12.00

## Bebidas Frías *Cold Drinks*

### CERVEZA / BEER

Pilsen  
Cristal  
Cusqueña  
Iquiteña

S/. 5.00

### GASEOSAS / SOFT DRINKS

Coca Cola Light  
Inca Kola Light  
Coca Cola, Inca Kola, Sprite, Fanta

S/. 4.00

S/. 3.00

### LIMONADA / LEMONADE

Vaso / Glass  
Jarra chica / Small Jar

S/. 4.00

S/. 10.00

### NARANJADA / ORANGEADE

Vaso / Glass  
Jarra chica / Small Jar

S/. 5.00

S/. 13.00

### CAMU CAMU

Vaso / Glass  
Jarra / Jar

S/. 4.00

S/. 13.00

### COCONA

Vaso / Glass  
Jarra chica / Small Jar

S/. 4.00

S/. 10.00

## Bebidas Calientes *Hot Drinks*

### CAPPUCCINO

S/. 5.00

### CAFÉ AMERICANO

S/. 4.00

### ESPRESSO

S/. 4.00

### INFUSIONES

Te (anís, manzanilla, canela)

S/. 3.00